

Stay As Safe As Possible

SAY

**TO EXPLOITATION &
HUMAN TRAFFICKING**

NO

FACILITATOR'S GUIDE

PUBLIC

Stay As Safe As Possible

GOALS

1. Empower people with an intellectual disability to avoid victimization through education about exploitation and human trafficking
2. Educate police, justice personnel, and others about the abilities and needs of people with an intellectual disability.

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A

Ice Breaker Game

This game will not only allow everyone to introduce themselves, but it will also allow the class to learn something about each other. Ask people to state their name, along with either their favorite colour, food, movie, or band.

B

Objectives

1. Know what exploitation and human trafficking are and be able to identify them

During this part of our class, we will talk about what we mean when we say “exploitation” and “human trafficking.” Once you know what we mean when we talk about exploitation and human trafficking, it will be easier for you to recognize them in your community, and maybe even in your personal life.

2. Know prevention tips

When we talk about “prevention tips,” we are talking about ways you can keep yourself, a friend, or a family member safe from exploitation and human trafficking. During this part of our class, a Police Officer will tell you how you can keep yourself as safe as possible. We will also talk about knowing the signs of exploitation or human trafficking, what healthy and unhealthy relationships look like, who can help you find a job, and how to stay safe on the internet and social media (when we say “social media” this includes sites like “Facebook”).

3. Know who can help

During this part of our class, we will talk about who can help if you feel that you or someone close to you is being exploited or trafficked. This includes police, but also other agencies as well.



What is Exploitation and Human Trafficking?

We will start by talking about what we mean when we say “exploitation” and “human trafficking”.

What is Exploitation?



In this video Lawyer, Stephanie Dickson, talks about what exploitation is by giving some examples.

Before we talk about human trafficking, let's recap what Stephanie just discussed about exploitation:

Exploitation means taking advantage of someone, or using someone to get something. Imagine if someone pretends to be your friend just to use your swimming pool. Is this a nice friendship? This is exploitation, but it is not a crime.

Criminal Exploitation:

Exploitation becomes a crime if someone uses you to get something, but also threatens to hurt you, your family or friend, or even a pet.

Imagine if a friend was trying to get your ODSP money on a regular basis and threatening to hurt you if you do not give it to them.

Another example can be someone pretending to be your friend in order to live with you, but then dose not pay any of the bills. They then threaten to hurt you if you do not pay for them to live there.

The Three Parts of Human Trafficking

Part One: The Act

When we think of human trafficking, we can think of it having three parts. The first part is called **“The Act”**, which is **“what is done to you.”**



In the next three videos, Amanda Pierce, who works with victims of human trafficking, will talk about what we mean when we say **“human trafficking.”**

What is Exploitation and Human Trafficking?

Part Two: The Means



We heard about what is done to a person in human trafficking. In this next video, Amanda talks about the second part of human trafficking, which is called **“The Means.”** The Means is how a trafficker can gain control over you.

Part Three: The Purpose



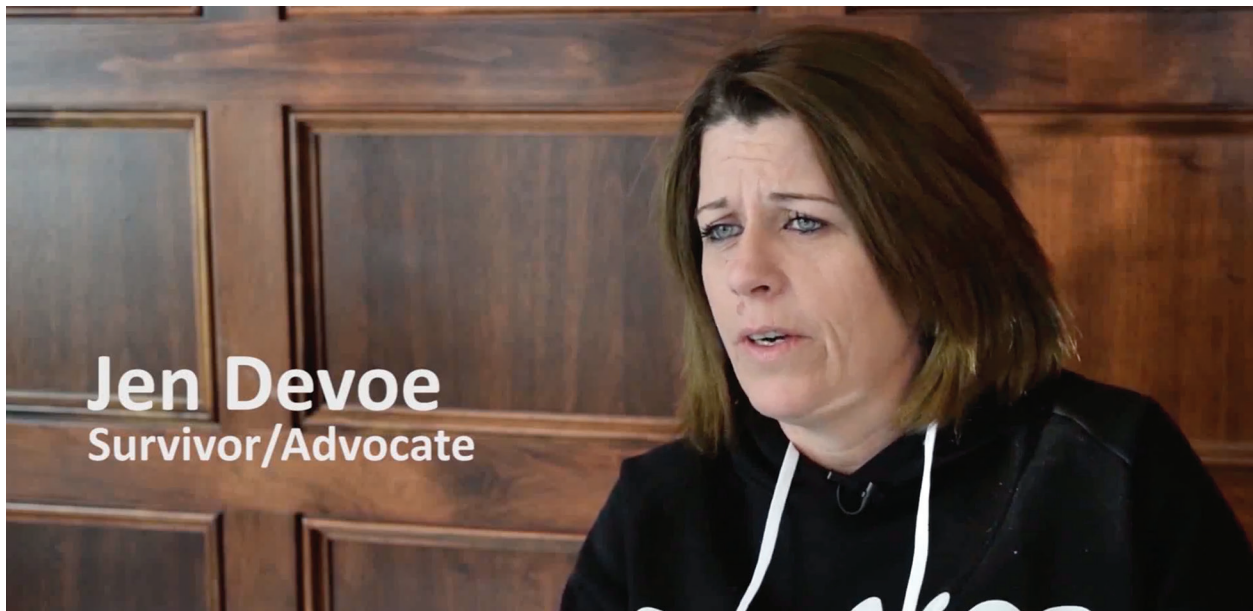
We’ve heard about **“The Act,”** which is **“what is done to you,”** and **“The Means,”** which is **“how a trafficker gains control over you.”** In this video, Amanda talks about the third and final part of human trafficking, which is called **“The Purpose”** or **“why a person is trafficked.”**

What is Exploitation and Human Trafficking?



The Survivor

Now, think about those three parts of human trafficking: The Act, The Means, and The Purpose. In this next video, we meet Jen. Jen is a survivor of human trafficking, and she will tell us her story. After this video, we will talk about how Jen's story fits the three points of human trafficking.



Let's Talk...

After hearing Jen's story, let's talk about how Jen's story fits the three points of human trafficking.

Part One: The Act (What is done to you)

Recruiting or Selecting

Vulnerable: Jen just ended her marriage, and she struggled with drug addiction. Her trafficker knew these things and offered to meet her needs—became her boyfriend and gave her drugs.

Housing or hiding

- Where was Jen housed? Where did she stay?

At first, Jen stayed in a nice home. Over time, Jen was forced to stay in a basement, and slept on the cold basement floor.

Part Two: The Means (How a trafficker gains control over you)

How was Jen controlled?

Grooming: Jen's trafficker, or boyfriend, created what looked like a "perfect relationship." Jen was given gifts, money, drugs, and her trafficker (or boyfriend) seemed like he knew her better than anyone else.

Fear: Jen's boyfriend was part of a dangerous motorcycle gang. They branded her and hurt her when and if she tried to leave.

Part Three: The Purpose (Why you are trafficked)

Jen was sexually exploited. She was forced to work in the sex trade. The money she made was given to her Trafficker.

D

Prevent Being a Victim

Prevention tips from the OPP:

Now that you know what we mean when we say “exploitation” and “human trafficking,” we want to tell you how to keep yourself safe from these crimes. We will talk about Click for next point to appear:

1. Know the signs

How to know the signs of whether you or someone in your life is being exploited or trafficked.

2. Who can help you look for a job

Remember, we talked about Labour Trafficking and how jobs are offered but they are dangerous and unhealthy with long hours and little to no pay. These people will help you find a good and legal job.

3. Healthy & unhealthy relationships

What a healthy and an unhealthy relationship looks like, so you know when to leave a dangerous relationship.

4. Internet and social media safety

Finally, we will talk about how to keep yourself safe on the internet and through social media. Many people are lured into trafficking through people on social media, so we will give you tips to keep you safe.

Prevention tip: Know the sings

Now that you know what we mean when we say “exploitation” and “human trafficking,” we want to tell you how to keep yourself safe from these crimes. Constable Burt from the OPP will talk about how important knowing what exploitation and human trafficking are so you can keep yourself and others safe.

Learning about exploitation and human trafficking is a really important first step because a lot of people that are trafficked don’t know that there is help available for them. Police are there to help you. They will not judge you for the situation you are in; they only want to help. This is one of the key things Constable Burt talk about in this video.



Key Questions to ask yourself:

As Constable Burt said in her video, one of the most important ways to keep yourself safe is to be aware. Here are some key questions to ask yourself to keep yourself safe.

Exploiters and Traffickers will manipulate their victims

Do you live with your boss? OR Does a boss or friend live with you?

Are you in debt to a boss, friend, or another person in your life?

Manipulation turns into control over victims

Are you afraid to say 'no' to a friend, significant other, or boss?

Can you come and go as you please? Have you been hurt or threatened if you try to leave?

Do you have your ID?

Control results in exploitation

Is someone in your life taking all or some of your money?

Friend

Boss **REMEMBER: Minimum wage is \$14.00 per hour**

Significant other

*Does your boss, friend, or significant other force you to work long hours? **REMEMBER: A typical full-time work day is 8 hrs. The majority of Canadians work a 40 hour work week.***

Activity:

This activity is meant to allow participants to actively say 'no' to situations that are linked to exploitation or human trafficking. Read the rhyme portion of the sentence. Once you get to "the answer is..", have everyone in the audience say 'NO'.

SAY NO
**TO EXPLOITATION &
HUMAN TRAFFICKING**

Someone tells you to give them your passport and personal information

The answer is: **NO**

Someone tells you to steal something for them from the gas station

The answer is: **NO**

Someone tells you to give them all your pay

The answer is: **NO**

Someone offers you gifts you hardly know

The answer is: **NO**

Someone offers you a job without a fixed schedule and no opportunities to grow

The answer is: **NO**

Someone you don't know on Facebook wants to meet for a private date

The answer is: **NO**

Someone offers you to live at their estate

The answer is: **NO**

Prevention Tip: Who can help you get a job



If a job seems way too good to be true, it probably is. Be sure to ask a lot of questions. Involve trusted people in your decision making process. Allow people you love and trust to meet and get to know the people offering you work. Sometimes it's helpful to have an outside perspective, especially when someone or something seems too perfect.

Now we will discuss who can help you get a job. Having a job and an income is important because then when a trafficker offers you a job, you are more likely to say "no," since you already have one.

ODSP

Attend your local ODSP office and meet with a caseworker from Employment Supports.

Some agencies have staff to help with this

ODSP can:

- Cover the cost of interview clothing and transportation

- Provide job coaching and on-the-job training

CAREER COMPASS

Career Compass:

Career Compass is a program run through Community Living Essex County, and provides direction to job seekers searching for meaningful employment and guides employers in inclusive hiring.

There are similar Employment Services Programs throughout the province, provided by local agencies.

Myth: If I work, ODSP will take my funding

You can still receive ODSP funding and work

You will keep your benefits:



Prevention Tip: Healthy & Unhealthy Relationships



In this video, OPP Constable Burt talks about maintaining healthy relationships. We will talk more about healthy and unhealthy relationships after this video.

Communication

Healthy ✓

- Respectful
- Resolve disagreements
- Safe to share feelings

Unhealthy ✗

- Your feelings are ignored and not respected
- Harsh comments and controlling behaviour

Abusive ✗

- Disrespectful
- Afraid to disagree or share feelings
- Pattern of abuse

*What words come to mind when you think of:
Healthy Communication? Unhealthy Communication? Abusive Communication?*

Time Away

Healthy

Trust

Comfort

Unhealthy

Jealousy or controlling behaviour

Feeling uncomfortable

Abusive

Isolation

Total control

What words come to mind when you think of:

Healthy Time Away from a Boyfriend/Girlfriend or Friend? Time Away in an unhealthy relationship?

Time Away in an abusive relationship?

Intimacy and Sex

Healthy

No pressure

Respect

Honesty

Safe

Unhealthy

"Go along" with things you may not be comfortable with

Abusive

Your feelings are ignored

Pushed into situations that make you uncomfortable

Scared to say 'no'

What words come to mind when you think of:

A Healthy intimate relationship? Unhealthy intimate relationship? Abusive intimate relationship?

Activity:

The purpose of this activity is to have the participants answer if the relationship scenarios presented are healthy or unhealthy. Ask the participants why they feel a scenario is healthy or unhealthy to generate conversation. Elaborate where points are provided.



“Before I came along, you were nothing. Without me, you’ll never reach your goals!”

Not healthy. This hurts a victim’s confidence in an attempt to make the victim feel dependant on the abusive friend/partner.

Traffickers will commonly attempt to make their victim’s feel inadequate without them. A trafficker will play on a victim’s dreams and insecurities.

“I do not agree with you, but I see your point. Can we compromise on this?”

Healthy. Despite the disagreement, this person is acknowledging the feelings of his or her friend/partner and wants to compromise.

“Don’t listen to your Doctor! She, just like your family, doesn’t want you to be an independent adult!”

Not Healthy. This makes the victim question trusted connections with medical professionals and even family members. This results in isolation.

True story—National Human Trafficking Hotline (U.S.). This trafficker posed as a boyfriend and made the victim with an intellectual disability believe that counselors, family, and friends did not want her to be an independent adult. He used her fear of being treated as a child against her, which caused her to be isolated from those looking after her interests. He then convinced her to engage in commercial sex out of their home.

Prevention Tip: Internet & Social Media Safety



Be careful about what you share on social media and online (this can include in a chat room, on a dating site, or when using online gaming). If you limit the information you put on the internet, you make a traffickers job harder. Some traffickers will use your social media account or dating profile to learn all about you—about what you want in life, and about what makes you vulnerable. They can then use that information to manipulate and control you.

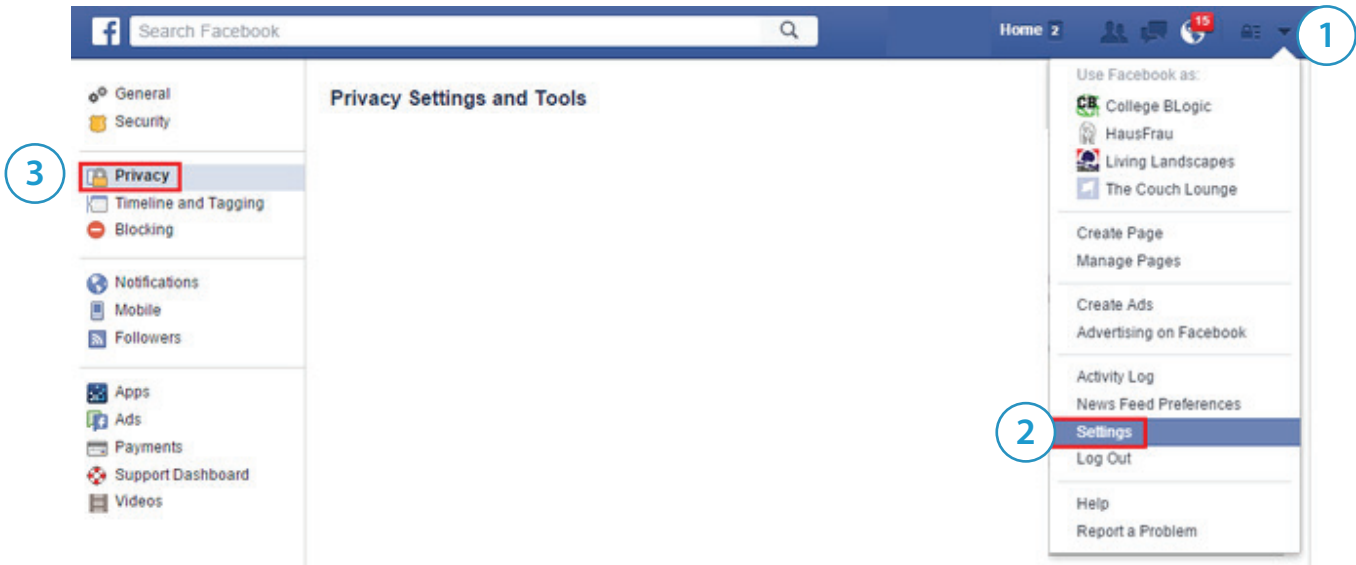
Red Flags:

1. No mutual friends
2. Fake or no profile picture
3. Strange messages
4. Sending gifts
5. Request for selfies
6. Request to meet alone

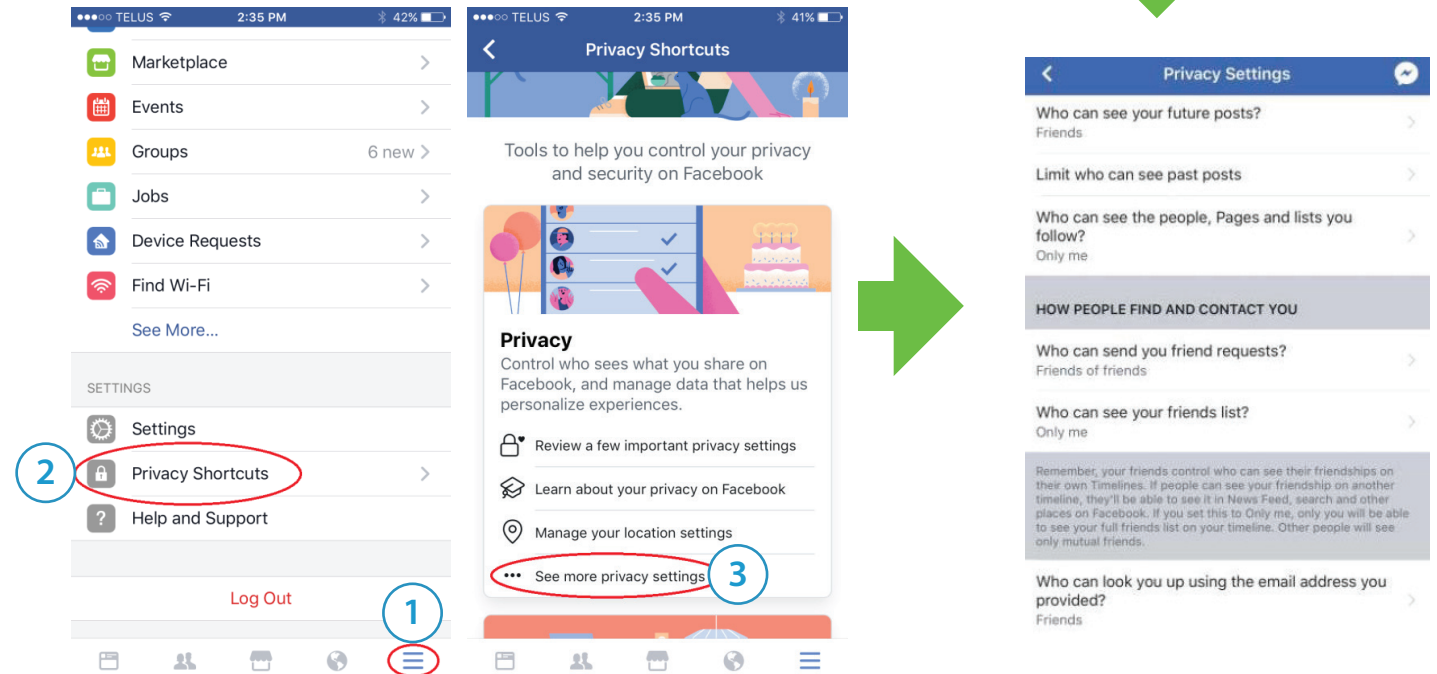


One of the most important ways to keep yourself safe on social media is learning to spot red flags, or signs that something is just not right. Windsor Police created a video, called "Officer Red Flag," that tells us about these red flags when on social media.

Manage your Facebook privacy from a computer:



Manage your Facebook privacy from a mobile device:



Prevent Being a Victim

Screen Shot Practice:

Keep suspicious emails or messages.



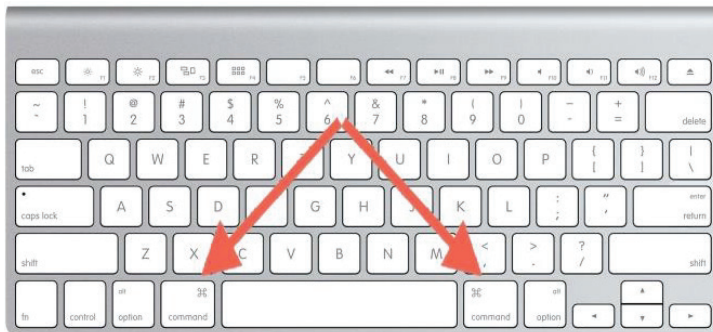
'Screen shot' on a cell phone or tablet:

Screenshot for Apple (Mac) Devices (iPhones, iPad, and iPod touch): Press and hold the Top or Side button. Immediately press the front Home button, then release the Top or Side buttons. Screenshots will be found in photos.

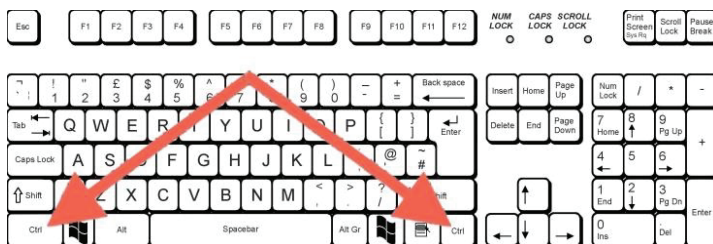
Screenshot for Android cellular/tablets: Press and hold the power button and the volume down button for a few seconds. When a successful screenshot is taken you may notice the screen flicker and may hear a "click". The screenshot will be saved in the devices photo gallery.

Print suspicious emails:

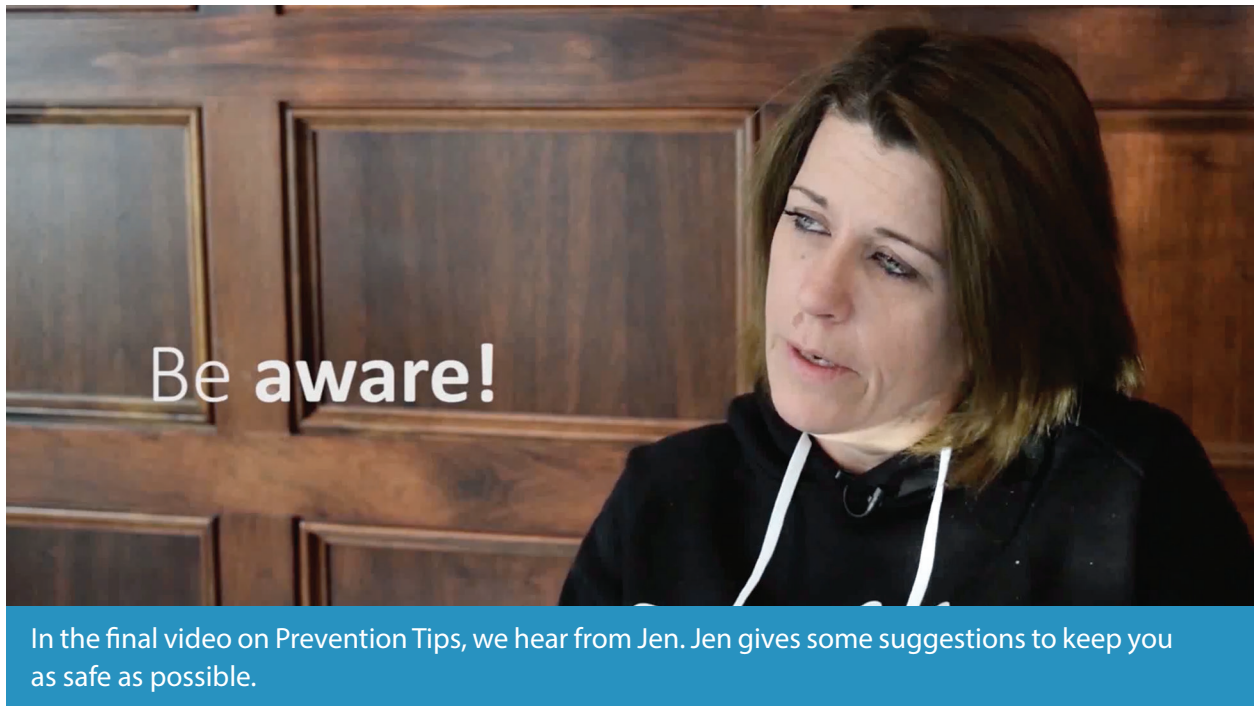
Mac computer: **Command + P**



Microsoft computer: **Ctrl + P**



Prevention Tips:



In the final video on Prevention Tips, we hear from Jen. Jen gives some suggestions to keep you as safe as possible.

E

Who Can Help



In this video, Constable Burt and Jen talk about the importance of reaching out for help if you feel you, a friend, or a loved one is in danger.



Don't ever be afraid to ask for help. Call 9-1-1 if you feel you, a friend, or loved one is in danger. If you don't want to call the Police, there are other places you can call for help. Crime Stoppers is a good option. Their number is included on your ASAP card.

Remember, Police are there to help you. They will not judge you when you come to them for help.



In this video, Amanda Pierce talk about supports available for survivors of human trafficking through the WEFiGHT program and Stephanie Dickson talks about legal help offered through Legal Assistance of Windsor.

LAW | Legal Assistance of Windsor

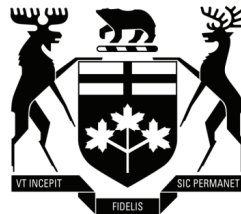
Lawyers & Social Workers

519-256-7831

There are similar programs throughout the province, provided by other local agencies. LAW is an example from Windsor, Ontario.



This video will discuss “testimonial aids” to help people who have to tell their story in court.



Ontario

MINISTRY OF THE ATTORNEY GENERAL

It is very important to know about the adjustments that can be made in court that help make telling your story easier.

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