







Inspiring Possibilities



Together in partnership bring you

Introduction To Culinary Skills Experience

MARCH BREAK 2017

February 1, 2017

ONLY 15 SPACES AVAILABLE!
ACT FAST TO RESERVE YOUR SPOT!

Eligibility:

- Submit application not later than Wednesday, February 1, 2017
- 18 years of age or older and a Canadian citizen or landed immigrant
- Have a developmental disability
- Curious interest to work in food services industry OR learn some basic cooking skills
- Ability to work semi-independently
- Provide own transportation
- Available for classes from March 13 to March 17, 2017

Where:

St Clair College Windsor Campus 2000 Talbot Road West, Windsor

When:

March 13 – 17, 2017 (March Break)

Time:

9:30am to 3:30pm

Cost:

\$500 (Passport Funding Eligible)

Application Inquiries:

Chris Matthews

Christian Horizons: The Link

Phone:

226-787-2032

Email:

essexlink@christian-horizons.org



A SAMPLE OF PROGRAM OUTCOMES....

- ✓ Gain understanding of basic kitchen cleanliness and sanitation
- ✓ Identify various culinary equipment
- ✓ Learn correct knife skills
- ✓ Identify various ingredients
- ✓ Listening skills
- ✓ How to work as part of a team
- ✓ Safety practices in the kitchen
- ✓ Property hygiene when cooking
- ✓ Post cooking clean up
- ✓ Learn how to make....
 - o Soup,
 - Sandwiches,
 - Salads
 - Breakfast cookery
 - Dessert