

# COMMUNITY LIVING

Essex County

*Inspiring Possibilities*



## COMMUNITY RESOURCES AND ACTIVITIES GUIDE

*Be You, Belong!*



# COMMUNITY RESOURCES AND ACTIVITIES

## RECREATION/OUTDOORS

### **Walking Trails**

**Ganatchio Trail** (begins at Sandpoint Beach)

12280 Riverside Dr. E, Windsor

[www.alltrails.com/trail/canada/ontario/ganatchio-trail](http://www.alltrails.com/trail/canada/ontario/ganatchio-trail)

### **Lakewood Park North**

13400 Riverside Drive E, Tecumseh and South 13451 Riverside Drive, Tecumseh 6am-10pm

[www.tecumseh.ca/en/things-to-do/parks-and-trails.aspx](http://www.tecumseh.ca/en/things-to-do/parks-and-trails.aspx)

### **McAuliffe Woods Conservation Area**

2391 St. Alphonse Street, Tecumseh

[www.ontariotrails.on.ca/trails/view/mcauliffe-woods-conservation-area-trail](http://www.ontariotrails.on.ca/trails/view/mcauliffe-woods-conservation-area-trail)

### **Point Pelee National Park**

1118 Point Pelee Drive, Leamington

[www.pc.gc.ca/en/pn-np/on/pelee](http://www.pc.gc.ca/en/pn-np/on/pelee)

### **Hillman Marsh**

Mersea Road 2, Leamington

[www.essexregionconservation.ca/location/hillman-marsh/](http://www.essexregionconservation.ca/location/hillman-marsh/)

### **Seacliffe Park and Beach**

Forest Ave, Leamington

[www.facilities.leamington.ca/](http://www.facilities.leamington.ca/)

### **Cedar Beach**

1031 Heritage Rd, Kingsville

[www.essexregionconservation.ca/location/cedar-beach/](http://www.essexregionconservation.ca/location/cedar-beach/)

### **Cider Mill Farms** (Horseback riding and lessons)

1750 Ferriss Road, Harrow

(519) 564-7667

[www.cidermill.ca](http://www.cidermill.ca)



# COMMUNITY RESOURCES AND ACTIVITIES

## **RECREATION/OUTDOORS**

### **Kingsville Community Center**

1860 Division Road North, Kingsville

[www.mykingsville.ca](http://www.mykingsville.ca)

### **Heritage Village**

6155 Arner Townline County Road 23, RR#2 Kingsville

[www.ctmhv.com](http://www.ctmhv.com)

### **John R. Park Homestead**

360 Fairview Avenue West, Suite 311 Essex

[www.essexregionconservation.ca/location/john-r-park-homestead/](http://www.essexregionconservation.ca/location/john-r-park-homestead/)

### **Maidstone Conservation Area**

[www.alltrails.com/trail/canada/ontario/maidstone-conservation-area-trail](http://www.alltrails.com/trail/canada/ontario/maidstone-conservation-area-trail)

### **Chrysler Greenway Trail**

N Talbot Rd, Oldcastle, Ontario

[www.essexregionconservation.ca/outdoor-recreation/greenways/](http://www.essexregionconservation.ca/outdoor-recreation/greenways/)

### **Colchester Beach**

100 Jackson Street, Colchester, ON

<https://visitwindsor.essex.com/places/colchester-beach-and-harbour/>

### **River Canard Canoe Company**

9350 Malden Rd, Amherstburg

519-734-8558

[www.rivercanardcanoe.ca](http://www.rivercanardcanoe.ca)

### **Holiday Beach**

6952 County Road 50, Amherstburg

[www.essexregionconservation.ca/location/holiday-beach/](http://www.essexregionconservation.ca/location/holiday-beach/)



# COMMUNITY RESOURCES AND ACTIVITIES

## RECREATION/OUTDOORS

### **Polish Club Beach**

697 Fox Place, Harrow (Belcreeft Beach #1)

[www.polishclubwindsor.ca](http://www.polishclubwindsor.ca)

### **Cedar Creek Conservation Area**

874 Arner Townline, Essex

519-776-5209

[www.essexregionconservation.ca/locations/cedar-creek/](http://www.essexregionconservation.ca/locations/cedar-creek/)

### **Farm Dog Cycles** (bike tour)

793 County Road 50, Harrow

519-738-4819

### **Serenity Lavender Farm**

130 County Road 50, Harrow

519-738-6111

[www.serenitylavender.com](http://www.serenitylavender.com)

### **Oxley Beach Golf Course**

597 County Road 50, Harrow

519-738-2672

[www.oxleybeachgolf.com](http://www.oxleybeachgolf.com)

### **Sutton Creek Golf & Country Club**

2135 County Road 12, Essex

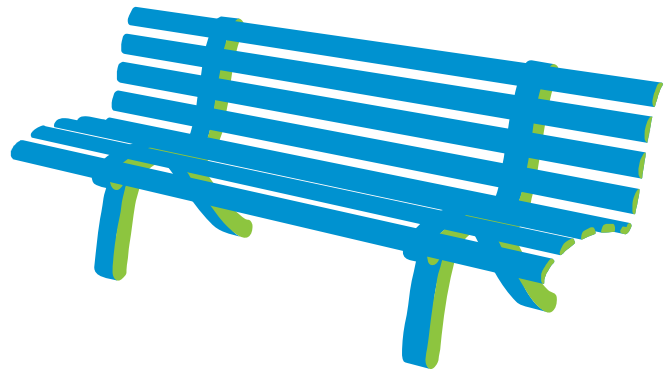
519-726-6900

[www.suttoncreekgolf.com](http://www.suttoncreekgolf.com)

### **Harrow Veterans Memorial Park**

28 King Street, Harrow

[www.essex.ca](http://www.essex.ca)



# COMMUNITY RESOURCES AND ACTIVITIES

## **RECREATION/OUTDOORS**

### **St. Mary's Park**

12020 Cnty Rd. #34, Maidstone

519-735-4756

### **Tecumseh Town Centre Park**

12021 McNorton, Tecumseh

519-735-4756

### **Virtual Recreation Complex**

**519-727-0470**

[www.lakeshore.ca](http://www.lakeshore.ca)

### **Pathway to Potential Recreation Discounts**

[www.citywindsor.ca](http://www.citywindsor.ca)

### **Pelee Island Ferry Service**

25 Dock Rd. Kingsville

519-724-2115

<https://www.ontarioferries.com/pelee-island-ferries>

### **Pelee Island Museum**

1073 West Shore Road, Pelee Island

519-724-2291

<https://peleeislandmuseum.ca/>

### **Thiessen Orchards**

400 Talbot St E, Leamington

519-326-5282

<https://www.thiessenorchards.com>

### **Kingsville Golf and Country Club**

640 County Road 20, Kingsville Ont.

519-733-6561

[www.kingsvillegolf.com](http://www.kingsvillegolf.com)



# COMMUNITY RESOURCES AND ACTIVITIES

## **RECREATION/OUTDOORS**

### **Wheatly Two Creeks Conservation Area**

21628 Kent Rd. 1, Wheatly

519-567-8048

[Info@twocreeks.ca](mailto:Info@twocreeks.ca)

[www.twocreeks.ca](http://www.twocreeks.ca)

### **Devonwood Conservation Area**

Division Rd., Kingsville

519-776-5209

[www.essexregionconservation.ca/outdoor-recreation-map](http://www.essexregionconservation.ca/outdoor-recreation-map)

### **Jack Miner's Bird Sanctuary**

332 Road 3 W., Kingsville

519-733-4034

[www.jackminer.ca](http://www.jackminer.ca)



# COMMUNITY RESOURCES AND ACTIVITIES

## **HEALTH AND FITNESS**

### **WFCU Centre**

8787 McHugh St. Windsor

519-974-7979

[www.wfcu-centre.com](http://www.wfcu-centre.com)

### **Life After Fifty**

East Side Location (out of WFCU Centre)

contact person – Marg 519-252-1108 ext.201

[www.lifeafterfifty.ca](http://www.lifeafterfifty.ca)

### **Central Park Athletics**

3400 Grand Marais Road E., Windsor

519-944-8000

[info@centralparkathletics.com](mailto:info@centralparkathletics.com)

Clip and Climb [info@clipnclimbwindsor.ca](mailto:info@clipnclimbwindsor.ca)

Thrills & Skills Holiday Day Camps [info@centralparkathletics.com](mailto:info@centralparkathletics.com)

Multi-Sport Simulator [info@centralparkathletics.com](mailto:info@centralparkathletics.com)

### **Atlas Tube Centre**

447 Renaud Line Road, Belle River

519-727-0470

[www.lakeshore.ca/en/explore-and-play/community-centres.aspx](http://www.lakeshore.ca/en/explore-and-play/community-centres.aspx)

### **Winstar Gymnastics**

8400 Twin Oaks Drive, Windsor

226-676-0630

[www.winstarsgym.com](http://www.winstarsgym.com)

### **Playdium 5 Pin Bowling**

4985 Wyandotte Street E. Windsor

519-945-3111

[www.playdiumlanes.com](http://www.playdiumlanes.com)



# COMMUNITY RESOURCES AND ACTIVITIES

## **HEALTH AND FITNESS**

### **SUPERBOWL**

10000 Tecumseh Road E. Windsor  
519 735-7500

[www.superbowllanes.com](http://www.superbowllanes.com)

### **South Windsor Arena**

2555 Pulford St, Windsor  
519-255-1161

[www.citywindsor.ca/residents/Recreation/Pages/default.aspx](http://www.citywindsor.ca/residents/Recreation/Pages/default.aspx)

### **GoodLife Fitness**

3920 Dougall Ave, Windsor  
519-969-3761

7670 Tecumseh Rd. E. Unit 1  
519-974-6518

13275 Tecumseh Road E  
519-735-1616

<https://www.goodlifefitness.com/home.html>

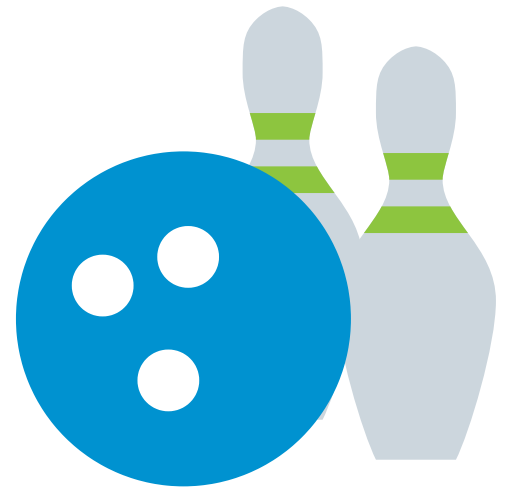
### **Beachwalk Gym**

189 First Street, Belle River  
519-776-9312

317 Talbot St N, Essex  
519-776-9312

1820 Front Road, LaSalle  
519-734-6789

[www.beachwalkfitness.com/contact-us.html](http://www.beachwalkfitness.com/contact-us.html)





# COMMUNITY RESOURCES AND ACTIVITIES

## **HEALTH AND FITNESS**

### **Movati Athletic**

313 Main Street East, Kingsville

519-733-1100

650 Division Road, Windsor

519-916-0452

400 Sandwich Street South, Amherstburg

519-736-8761

[www.movatiathletic.com/](http://www.movatiathletic.com/)

### **Nature Fresh Farms Recreation Centre**

249 Sherk Street, Leamington

519-322-2337

[www.leamington.ca/en/our-community/naturefreshfarmsrecreationcentre.aspx](http://www.leamington.ca/en/our-community/naturefreshfarmsrecreationcentre.aspx)

### **Impact Health and Fitness**

88 Talbot Street East, Leamington

[www.impacthealthandfitness.ca/](http://www.impacthealthandfitness.ca/)

### **Kingsville Arena**

1741 Jasperson Lane, Kingsville

519-733-2123

[www.kingsville.ca/Modules/facilities/](http://www.kingsville.ca/Modules/facilities/)

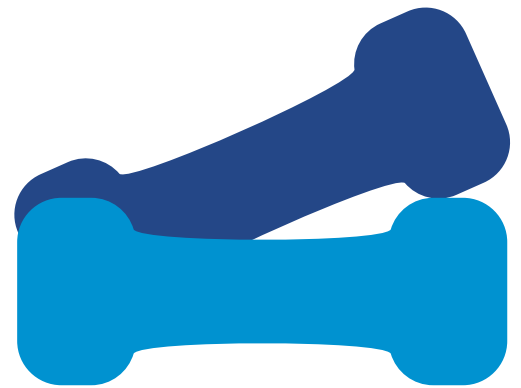
### **Essex Recreation Complex**

242 Talbot Street North, Essex

519-776-7336 ext 1350

[www.essex.ca/en/play/Essex-Recreation-Complex.aspx](http://www.essex.ca/en/play/Essex-Recreation-Complex.aspx)

- Swimming [www.essex.ca/en/play/pools.aspx](http://www.essex.ca/en/play/pools.aspx)
- Skating [www.essex.ca/en/play/resources/Recreational-Skate-Schedule.pdf](http://www.essex.ca/en/play/resources/Recreational-Skate-Schedule.pdf)
- Cycling [www.countyofessex.ca/en/discover-the-county/county-wide-active-transportationsystem.aspx](http://www.countyofessex.ca/en/discover-the-county/county-wide-active-transportationsystem.aspx)



# COMMUNITY RESOURCES AND ACTIVITIES

## **HEALTH AND FITNESS**

### **REC Health & Fitness Inc.**

31 Arthur Ave, Essex

519-990-1820

<https://rehealthandfitness.com/>

### **The Garage Gym**

227 Sandwich Street, Amherstburg

[www.thegaragegym.net/](http://www.thegaragegym.net/)

### **Libro Center**

3295 Meloche Road, Amherstburg

[www.amherstburg.ca/en/live-and-play/libro-credit-union-centre.aspx](http://www.amherstburg.ca/en/live-and-play/libro-credit-union-centre.aspx)

### **The Town of Amherstburg**

[www.www.amherstburg.ca/en/live-and-play/virtual-recreation-programming.aspx](http://www.www.amherstburg.ca/en/live-and-play/virtual-recreation-programming.aspx)

[www.amherstburg.ca](http://www.amherstburg.ca)

AVR (Amherstburg Virtual Rec) is a new online resource of activities.

### **Vollmer Culture and Recreational Complex**

2121 Laurier Drive, La Salle

[www.lasalle.ca/en/things-to-do/vollmer-complex.aspx](http://www.lasalle.ca/en/things-to-do/vollmer-complex.aspx)

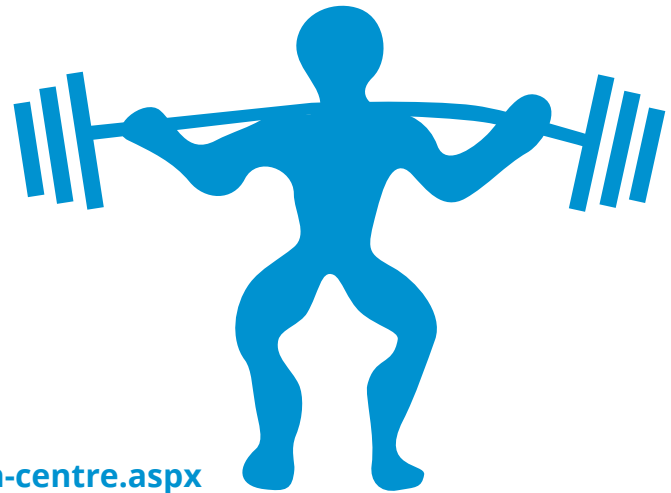
- Swimming [www.lasalle.ca/en/things-to-do/swimming-schedules.aspx#Monday-Wednesday-Friday](http://www.lasalle.ca/en/things-to-do/swimming-schedules.aspx#Monday-Wednesday-Friday)

### **Harrow Arena**

243 McAfee Street, Harrow

[www.rinktime.com/rinks/canada/ontario/essex/ice-skating-rink/harrow-arena/](http://www.rinktime.com/rinks/canada/ontario/essex/ice-skating-rink/harrow-arena/)

[www.essex.ca/en/play/resources/Recreational-Skate-Schedule.pdf](http://www.essex.ca/en/play/resources/Recreational-Skate-Schedule.pdf)



# COMMUNITY RESOURCES AND ACTIVITIES

## **HEALTH AND FITNESS**

### **Huston Training & Fitness Centre**

243 McAfee Unit B, Harrow

519-990-4580

[www.hustonstfc.com](http://www.hustonstfc.com)

### **Howe Fit**

42 Centre Street, Harrow

226-207-0444

### **Balance Yoga Studio**

33 King Street W, Harrow

519-738-4551

[www.balanceinlife.ca](http://www.balanceinlife.ca)

### **Bright Yoga**

70 Talbot Street, Essex

519-981-1403

[www.brightyoga.ca](http://www.brightyoga.ca)

### **REC Health & Fitness**

31 Arthur, Essex

519-990-1820

[www.rechealthandfitness.com](http://www.rechealthandfitness.com)

### **Onyx Fitness Solutions**

35 Victoria Unit 3, Essex

519-961-9700

[www.onyxfitness.ca](http://www.onyxfitness.ca)

### **Sunshine Dance Studios - Inclusive Dance Studio**

519-300-3430

[www.sunshinedancestudios.com/](http://www.sunshinedancestudios.com/)



# COMMUNITY RESOURCES AND ACTIVITIES

## **CLUBS AND GROUPS**

### **Half Century Club**

160 Talbot St E, Leamington

[www.halfcenturycentre.ca/](http://www.halfcenturycentre.ca/)

### **Roma Club of Leamington**

19 Seacliff Dr E, Leamington

[www.romaclub.ca](http://www.romaclub.ca)

### **The Royal Canadian Legion**

[www.legion.ca/](http://www.legion.ca/)

### **Erie Shores Quilters' Guild**

1741 Jasperson Lane, Kingsville

[www.erieshoresquiltersguild.com/](http://www.erieshoresquiltersguild.com/)

### **Caldwell First Nation**

14 Orange Street, Leamington

[www.caldwellfirstnation.ca/](http://www.caldwellfirstnation.ca/)

### **Leamington Portuguese Club**

217 Talbot St. W, Leamington

[www.leamingtonportuguesecc.ca/](http://www.leamingtonportuguesecc.ca/)

### **Kingsville School of Music**

43 Pearl St. E., Kingsville

519-997-7777

[www.kingsvilleschoolofmusic.com](http://www.kingsvilleschoolofmusic.com)

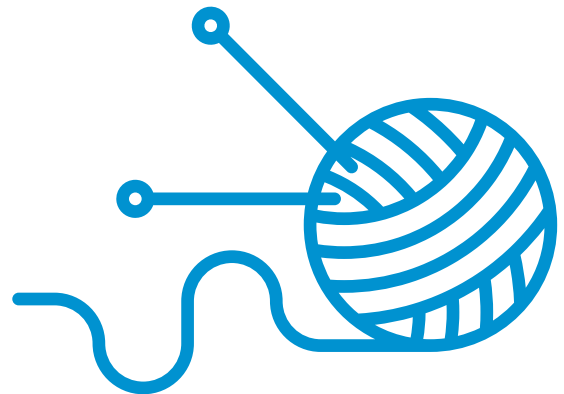
### **Italian Canadian HandiCapable Association**

3939 Carmichael Rd, Windsor

519-977-1209

Sports and recreational activities for individuals with physical and/or intellectual disabilities.

[www.icha.ca](http://www.icha.ca)



# COMMUNITY RESOURCES AND ACTIVITIES

## **CLUBS/GROUPS**

### **Kingsville Horticultural Centre**

519-733-4845

[kinghort1@gmail.com](mailto:kinghort1@gmail.com)

[www.gardenontario.org/site./php/kingsv](http://www.gardenontario.org/site./php/kingsv)

### **Leamington Arts Centre**

72 Talbot St W, Leamington

[www.leamingtonartscentre.com/](http://www.leamingtonartscentre.com/)

### **Rotary Club**

7911 Forest Glade Drive, Windsor

[www.rotary1918.com/](http://www.rotary1918.com/)

### **Kinsmen Club**

2955 Everts Avenue, Windsor

[www.district1kin.ca/index.php/ZoneH/WindsorKinClub](http://www.district1kin.ca/index.php/ZoneH/WindsorKinClub)

### **Essex Retirees Social Club**

32 Russell St, Essex

[www.essexretirees.ca/#/welcome/welcome](http://www.essexretirees.ca/#/welcome/welcome)

### **McGregor Knights of Columbus**

9650 Walker Road, Amherstburg

[www.kofc2844.com/](http://www.kofc2844.com/)

### **Amherstburg Community Services**

Amherstburg Community Hub

320 Richmond Street Amherstburg

[www.amherstburg.com](http://www.amherstburg.com)

### **Canadian Mental Health Association**

1400 Windsor Ave, Windsor

519-255-7440

<https://windsor-essex.cmha.ca/>



# COMMUNITY RESOURCES AND ACTIVITIES

## CLUBS/GROUPS

### **Carnegie Arts Centre**

29 Division Street South, Kingsville

[www.kingsville.ca/en/explore-and-play/arts-and-culture.aspx](http://www.kingsville.ca/en/explore-and-play/arts-and-culture.aspx)

### **Shooters Photography**

1741 Jasperson Rd., Kingsville

[www.shootersphotographyclub.com/](http://www.shootersphotographyclub.com/)

### **Colasantis Tropical Gardens**

1550 Road 3 E, Ruthven

[www.colasanti.com/](http://www.colasanti.com/)

### **Essex County Steam and Gas Engine Museum**

11081 11th Concession McGregor

[www.essexsteamandgasengine.com](http://www.essexsteamandgasengine.com)

### **Crock A Doodle**

4371 Walker Rd. Windsor

519-967-1020

[www.crockadoodle.com/windsor/](http://www.crockadoodle.com/windsor/)

### **Community Support Centre of Essex County**

4-962 Old Tecumseh Rd, Belle River and 32 Russell St, Essex

Adult day programs, community food Pantry, compassion care, foot care, home supports, Meals on Wheels, transportation services, and virtual supports.

<http://www.communitysupportcentre.ca/>

### **Caboto Club Charity Pasta Nights**

Giovanni Caboto Club, 2175 Parent Ave., Windsor

First Wednesday of each month. Dine in or take-out. 4-7 pm. Call 519-252-8383 for more information.

\$20; includes penne with meat/tomato sauce, salad & roll.

<https://windsoriessex.cmha.ca/events/event-caboto-club-charity-pasta-nights-2023-2023-04-05/>



# COMMUNITY RESOURCES AND ACTIVITIES

## CLUBS/GROUPS

### **Autism Ontario Windsor Office**

Gino Marcus Community Centre  
1168 Drouillard - Conference B  
416-246-9592

[www.autismontario.com/events](http://www.autismontario.com/events)

### **The Crafty Nest Studio**

14 Division St. South, Kingsville  
226-348-0771

[www.craftyneststudio.com](http://www.craftyneststudio.com)

### **Inspired Sounds Music Therapy**

1168 Drouillard Rd. Unit 12, Windsor  
519-995 3638

[www.inspiresoundsmt.com](http://www.inspiresoundsmt.com)



# COMMUNITY RESOURCES AND ACTIVITIES

## **VOLUNTEERING**

### **VON Windsor-Essex**

- Meals on Wheels

Margaret Moore 519-254-4866 x6297

[Margaret.moore@von.ca](mailto:Margaret.moore@von.ca)

[www.vonwindsoressex.ca/volunteer](http://www.vonwindsoressex.ca/volunteer)

### **Heart and Stroke Foundation**

- Big Bike

[www.heartandstroke.ca/how-you-can-help/volunteer](http://www.heartandstroke.ca/how-you-can-help/volunteer)

### **Windsor Regional Hospital**

[www.wrh.on.ca/VolunteerServices](http://www.wrh.on.ca/VolunteerServices)

- Hats on for Health Care
- Ronald McDonald House

### **St. Anne's Parish**

12233 Tecumseh Rd. E Windsor

[www.steanneparish.ca](http://www.steanneparish.ca)

### **Erie Shores HealthCare**

194 Talbot West, Leamington

[www.erieshoreshealthcare.ca/volunteer](http://www.erieshoreshealthcare.ca/volunteer)

### **Sunparlour Home**

175 Talbot St E, Leamington

[www.countyofessex.ca/en/resident-services/volunteering.aspx](http://www.countyofessex.ca/en/resident-services/volunteering.aspx)





# COMMUNITY RESOURCES AND ACTIVITIES

## **VOLUNTEERING**

### **Cancer Society**

[www.cancer.ca/en/get-involved/volunteer](http://www.cancer.ca/en/get-involved/volunteer)

- Ribbon Sales
- Daffodil Sales

### **Access Community Gardens**

23 Mill St. W., Kingsville

[www.accesscounty.ca/volunteer/](http://www.accesscounty.ca/volunteer/)

### **Kingsville Public School**

Joelle: 519-992-3917

### **Workforce Windsor Essex**

Listing of Various Volunteer Opportunities

[www.workforcewindsor.essex.com/volunteer/](http://www.workforcewindsor.essex.com/volunteer/)

### **Community Support Centre of Essex County**

[www.communitysupportcentre.ca/volunteer/](http://www.communitysupportcentre.ca/volunteer/)

### **The Salvation Army**

Ryan Trombley Volunteer Coordinator 519-999-2108

[www.salvationarmy.ca](http://www.salvationarmy.ca)

### **Habitat for Humanity**

519-969-3762 or [ktowne@habitatwindsor.org](mailto:ktowne@habitatwindsor.org)

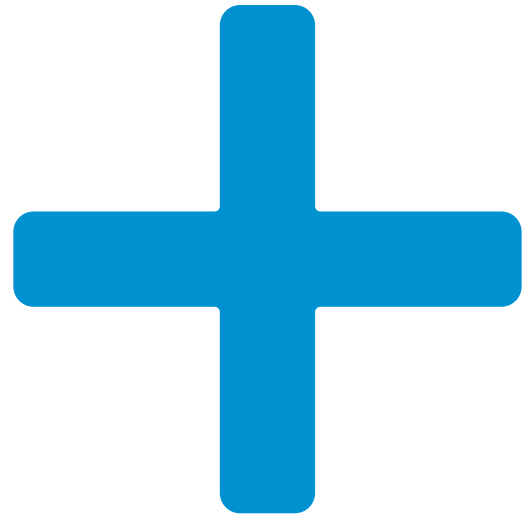
[www.habitatwindsor.org/volunteer.html](http://www.habitatwindsor.org/volunteer.html)

### **Kingsville Community Food Bank**

18 Division St. N, Kingsville, Ont.

519-733-8591

[www.directory.mykingsville.ca/Home/View/kingsville-community-food-bank](http://www.directory.mykingsville.ca/Home/View/kingsville-community-food-bank)



# COMMUNITY RESOURCES AND ACTIVITIES

## VOLUNTEERING

### **City of Windsor - Snow Angels**

To register call 311, or Use 311 Online

[www.windsor-csrprodcwi.motorolasolutions.com/311/Home.mvc/Index](http://www.windsor-csrprodcwi.motorolasolutions.com/311/Home.mvc/Index)

### **Amherstburg Meals on Wheels/ Amherstburg Community Service Visitor Program**

320 Richmond Street, Amherstburg

[www.amherstburg-cs.com/volunteer/](http://www.amherstburg-cs.com/volunteer/)

### **Woof-a-Roo Festival**

3295 Richmond Street, Amherstburg

[www.woofaroo.com/volunteer.html](http://www.woofaroo.com/volunteer.html)

### **Amherstburg Tourism and Festivals, Wings Rehab**

5281 Middleside Road, Amherstburg

[www.wingswildlifecentre.com/volunteer](http://www.wingswildlifecentre.com/volunteer)



# COMMUNITY RESOURCES AND ACTIVITIES

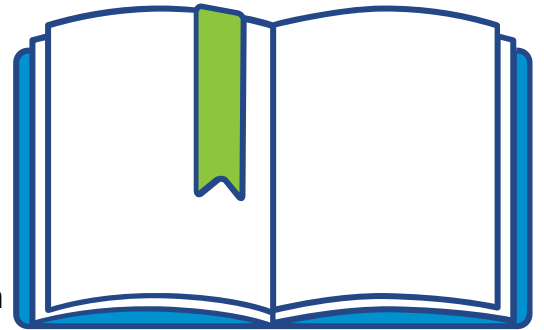
## **LIBRARIES**

**Windsor Public Library** (multiple locations)

[www.windsorpubliclibrary.com/?portfolio=volunteering](http://www.windsorpubliclibrary.com/?portfolio=volunteering)

**Essex County Libraries** (multiple locations)

[www.countyofessex.ca/en/resident-services/library.aspx](http://www.countyofessex.ca/en/resident-services/library.aspx)



**Windsor Public Library - Karaoke Saturdays, Forest Glade Branch**

**March 18, April 15, May 13, June 1 2023**

All ages welcome.

**Windsor Public Library - Adult Sensory Reading Circle, Riverside Branch**

**Tuesdays, 10:30-11:30am in the Riverside Lions Room**

A fun sensory story time for adults with their support person.

For more information, call Alexandra at 519-255-6770 ext. 4404.