



(WHEELCHAIRS ONLY)
IN PARTNERSHIP
WITH



JINGLE BELL

RUN, WALK
& WHEEL ^{NOV.} 12TH



ENTRY FEE

Fees are min of \$50 in pledges per person or Pay Entry fee. Prizes for highest pledges.

HOW TO REGISTER

Registration Options Include:

Online Registration:

<https://raceroster.com/events/2023-jingle-bell-run-walk-and-wheel>
online registration closes at 4pm on Tuesday, November 7th, 2023*

Race Day (Sunday, November 12th)
between: 8:00am to 9:30am sharp*
Registration after 9:30am
NOT entered for results

In-person at:

Ken Knapp Ford

390 Talbot Street North in Essex

Ending at 4:00pm Tuesday, November 7th, 2023*

Cash or Cheques - payable to
Community Living Essex County

Pre-registration Race Kit Pick Up

at Ken Knapp Ford (390 Talbot St. N., Essex)

Friday, November 10th - 10am to 4pm*

Saturday, November 11th - 10am to 4pm*

On Race Day from 8am to 9:30am*

* unless race capacity reached prior to the deadline

• **All 2k/5k/10k participants will receive a medal**

• **Chip timing available**

• **No PETS Allowed (only Working Service Dogs)**



• **Little Elf Run (ages 6 & Under) at 9:45am**

2K/5K RUN/WALK,
10K RUN AND LITTLE ELF RUN

**Sunday,
November 12th
beginning at 10am**

**at Ken Knapp Ford
390 Talbot St. North, Essex**

GET YOUR JINGLE ON



Ken Knapp

In Beautiful Downtown Essex

IN SUPPORT OF

COMMUNITY LIVING
Essex County

Inspiring Possibilities



Pledge Sheet

Bring this to the event & photocopy as needed for additional space



Last Name _____ First Name _____
 Street Address _____ City _____
 Province _____ Postal Code _____
 Daytime Phone No. _____ Evening Phone No. _____

Registration Form

(one per person)

First Name										
Last Name										
Address										
City										
Phone			-				-			
PC							-			
Birth Date	MM			DD			YY			
Age			Sex	M	F					
Circle	2K Run			2K Walk						
	5K Run	5K Walk		10K Run		Little Elf Run (ages 6 & under)				
I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to: falls, contact with other participants, the effects of weather such as heat and/or humidity, traffic and the conditions of the road, as such risks are known to me. Having read this waiver and in consideration of your accepting myentry, I, for myself and anyone entitled to act on my behalf, waive and release WRACE, Ken Knapp Ford Sales, Community Living Essex County and WRACE organizations and other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.										
Signature										
Parent if under 18										

BIB # _____

REGISTRATION FEES

Pay Entry Fee or Collect a minimum of \$50 in pledges per person (One or the other, NOT both)

<p>2km-\$40 2km (under age 13) - \$25</p> <p>5km-\$40 5km (under age 13) - \$25</p> <p>10km-\$40 10km (under age 13) - \$25</p>	<p>Prizes for Highest Individual and Team Pledges</p> <p><i>Little Elf Run for ages 6 & under!</i></p> <p>This event is FREE and begins at 9:45am</p>
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